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Human becoming theory a complement to medical science

Educated at Duquesne University, Pittsburgh MSN and Ph.D. from University of Pittsburgh Published her theory of nursing, Man-Living-Health in 1981 Name changed to Theory of Human Becoming Theory Professor and Niehoff Chair at Loyola University, Chicago Human Becoming Theory includes Totality Paradigm; Man is a combination of biological, psychological, psychological, psychological, sociological, psychological, psychological Open being who is more than and different from the sum of the parts. Environment: Everything in the person and his experiences and inseparable, complimentary to and evolving with. Health: Open process of being and becoming. Involves synthesis of values. Nursing: A human science and art that uses an abstract body of knowledge to serve people. Strengths Differentiates nursing from other disciplines Practice - Provides guidelines of care and useful administration Useful in Education Provides research methodologies Provides framework to guide inquiry of other theories (grief, hope, laughter, etc.) Weaknesses Research considered to be in a "closed circle" Rarely quantifiable results - Difficult to compare to other research studies, no control group, standardized questions, etc. Does not utilized the nursing process/diagnoses Negates the idea that each person engages in a unique lived experience Not accessible to the novice nurse Not applicable to acute, emergent care - Current Nursing Additional Information & References Clipboard, Search History, and several other advanced features are temporarily unavailable. Display options Format Abstract Publication types MeSH terms LinkOut - more resources Full text links Atypon Cite Format: AMA APA MLA NLM Parse's Human Becoming Theory guides the practice of nurses to focus on quality of life as it is described and lived. The human becoming theory of nursing presents an alternative to both the conventional bio-medical approach as well as the bio-psycho-social-spiritual approach of most other theories and models of nursing. Parse's model rates quality of life from each person's own perspective as the goal of the practice of nursing. Rosemarie Rizzo Parse first published the theory in 1992. The assumptions underpinning the theory were synthesized from works by European philosophers. The theory is structured around three abiding themes: meaning, rhythmicity, and transcendence. The model makes assumptions about man and becoming themes: meaning, rhythmicity, and transcendence. 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The Human Becoming Theory makes the following assumptions about becoming: Becoming is unitary with human-living-health. Becoming is a rhythmically co-constituting the human-universe process of transcending with the possibles. Becoming is the unitary human's emerging. The three major assumptions about human becoming are: meaning, rhythmicity, and transcendence. Under the assumption meaning in situations in the intersubjective process of living value priorities. Man's reality is given meaning through lived experiences. In addition, man and environment cocreate. Rhythmicity states that human becoming is co-creating rhythmical patterns of relating in mutual process with the universe. Man and environment co-create (imaging, valuing, languaging) in rhythmical patterns. Transcendence explains that human becoming is co-transcending multidimensionally with emerging possibilities. It refers to reaching out and beyond the limits a person sets, and that one constantly transforms. These three themes are permeated by four postulates: illimitability, paradox, freedom, and mystery. Illimitability is "the indivisible unbounded knowing extended to infinity, the all-at-once remembering and prospecting with the moment." Paradox is "an intricate rhythm expressed as a pattern preference." Paradoxes are not "opposites to be reconciled or dilemmas to be overcome but, rather, lived rhythms." Freedom is "contextually construed liberation." People are free to continuously choose ways of being with their situations. Mystery is "the unexplainable, that which cannot be completely known."The nursing model defines the person (referred to as "man" throughout the theory) as an open being who is more than and different from the person, as well as complementary to and evolving with the person. Health is the open process of being and becoming, and involves the synthesis of values. Nursing is described as a human science and art that uses an abstract body of knowledge to help people. The theory provides a transformative approach to all levels of nursing. It differs from the traditional nursing process, particularly in that it does not seek to "fix" problems. The model gives nurses the ability to see the patient's perspective. This allows the nurse to be "with" the patient, and guide him or her toward the health goals. The nurse-patient relationship co-creates changing health patterns. Nurses live the art of human becoming in presences with the unfolding of meaning, synchronizing rhythms, and transcendence. Rosemarie Rizzo Parse's Human Becoming Theory includes the Totality Paradigm, which states that man is a combination of biological, psychological, sociological, and spiritual factors. It also includes the simultaneity paradigm, which states that man is a unitary being in continuous, mutual interaction with the environment. Parse's theory includes a symbol with three elements: The black and white colors represent the opposite paradox significant to ontology of human becoming, while green represents those. The joining in the center of the symbol represents the co-created mutual human universe process at the ontological level, and the nurse-patient process. The green and black swirls intertwining represent the human-universe co-creation as an ongoing process of becoming. Like any theory, Parse's Human Becoming Theory has strengths and weaknesses. The model differentiates nursing from other disciplines, it provides guidance of care and useful administration, and is useful in education. The model also provides research methodologies, and provides a framework to guide inquiry of other theories. However, the results are difficult to compare to other research studies since there is no control group or standardized questions. The theory does not utilize the nursing process, and negates the idea that each patient engages in a unique lived experience. It is not accessible to new nurses, and is inapplicable to acute, emergent care. The main focus of all nursing interventions is to improve the quality of life among patients who are suffering from diseases. Unfortunately, the predominance of the biomedical model has restricted healthcare providers' approach to a mechanistic model. Human beings are considered machines and treatments are done to fix the faulty parts (Parse, 1996). On the other hand, the Human Becoming theory of nursing has a distinctive approach towards patients' care and improving quality of life from patients' perspectives. Parse (2006) considers humans as unitary beings, as co-authors and co-participants in living their lives. This idea of nursing care has brought nursing practice to more client-centred care (Parse, 2006; Mitchell, 1992). Ms. Kareem, a 72 year-old client, was reported to the facility with asthma exacerbation. Ms. Kareem is a non smoker; she had her first asthma attack back in 2006 while she went to spend summer vacations in a trailer. The client has been interviewed for her personal health description, intents, and priorities. A pseudonym has been used for the client in this paper. The focus of this paper is to explore the nursing care guided by the Human Becoming theory, biomedical care, and how these two models of care can go together to improve patients' quality of life. Principles of Human Becoming and Patient Care Nursing practice directed by the principles of human becoming, guides nurses to act differently from other nursing staff. Parse's nurses provide care to their patients, the way their patients desire. The humanly guided nurses plan interventions based on non judgmental values, listening to clients by giving them proper respect, and honoring patients' wishes (Bournes, 2006). An all-at-once approach is used by Parse's nurses to understand patients' priorities because patients are irreducible and changing constantly and unpredictably (Parse, 2006). Human beings are always in a state of becoming while at the same time choosing their ways to live their lives; a nurse guided by the principles of Human Becoming understands and values the lived priorities of clients (Bournes, 2006). Ms. Kareem has been diagnosed with asthma and she has to take the inhaler every eight hours. At breakfast time, she took all of her daily medications, yet she refused to take the inhaler with her breakfast. When I spoke to the staff nurse about the client, I was upset to know that she described the patient as "annoying". As Parse's nurse, I respected the client to finish her breakfast, went back to the patient's room and requested her to take the inhaler; this time she did not refuse. As mentioned earlier, patients are always in a phase of change and finding ways to live their lives (Bournes, 2006). Ms. Kareem did not want to lose the taste of her medications. It is known that inhalers leave a bad taste after use (McKeage & Keam, 2009) which made the client turn down the nurse's request for the use of inhaler during her breakfast. Following the principles of human becoming the ory helped me understand the humanizing care enhanced the quality of life for the patient by maintaining the taste of her food. True Presence, Practice Dimensions, and Processes in Patient Care Quality of care can be enhanced in certain ways, such as true presence of the nurse involved in care, understanding the meaning of the situation in the patients' perspectives, going with the flow of patients' and families' desires, and exploring patients' hopes, dreams, and possibilities of the future (Pilkington & Jonas-Simpson, 2009). True presence is the key to all nursing interventions. This can be expressed by silence of the nurse with true presence honors patients' wishes to move along the situation and developing new ways to live with their health. The true presence, practice dimensions, and processes help nurses to explore patients' needs from their perspective and plan for them accordingly (Pilkington & Jonas-Simpson, 2009). In a discussion with the client, Ms. Kareem mentioned that she wanted to go home. She was dangling on the side of the bed; I felt as if she was ready to go home; however, she feared loneliness at home because she was not feeling well. She could not sleep last night due to this fear, and she was sharing the room with another client. To her, going home meant a restful sleep. Illuminating the meaning of patient's perception for going home helped me understand her needs at that moment. The client heaved a big sigh and gave a big pause during her conversation. As Parse's nurse, I did not want to interrupt her during the dialogue; rather I expressed a true presence by being silent to further explore the meaning of her perception. This helped me investigate her hopes and fears about the future and develop a comprehensive plan of care from her perspective, which would ultimately enhance the patient's compliance and the quality of life for her. Personal Health Description, Person's Intents, Priorities, and the Plan of Care Persons' intents, priorities, and the perceptions of diseases can not be explored without developing a relationship of trust. In order to formulate this connection nurses must encompass strong communication skills, be truthful to their profession, and assess their own moral values (Burger, 2009). Fortunately, I was able to develop that bond of trust which helped me investigate her main concerns. In response to the questions asked to the patient described her disease as the cause of her depression. She further stated that for her, asthma meant being in a healthcare facility, away from her loved ones, such as her grandchildren, her boy friend, and her sister. She sensed that being in a healthcare facility posed a greater risk to her independence and rest. The paradoxical nature of human being was dominant from the patient's behaviors and expressions. She felt anxious and worried about simple things in life which meant a lot to her; however, she was also concerned about her asthma. She had to go to the Toronto Western Hospital for colonoscopy, see the dental surgeon, and attend a wedding next month. She seemed to be so overwhelmed as if she had problems from all directions. Her priority at the time was to get well and get back on track and enjoy life with her loved ones. She was concerned about her daughter who was going to be divorced, and distressed about her step-son who committed suicide. She had so many problems going on in her life at the moment that could provide an emotional trigger towards her asthma (Papiris, Manali, Kolilekas, Triantafillidou, & Tsangaris, 2009). The actions taken to provide patient care were authentic presence and caring for all aspects of the patient. These aspects include giving the patient due respect, honoring the patient care were authentic presence and caring for all aspects of the patient. and benefits of rinsing her mouth after use of inhaler. I reminded her that there is always room for making things better. Rinsing her mouth would make the bad taste go away and would also prevent the development of thrush due to steroid inhalers (McKeage & Keam, 2009). To deal with her restlessness, I requested the staff nurse to transfer her to a separate room. Honoring her wishes, it was decided that she would be discharged as soon as she feels better and be able to spend time with her loved ones. Person's Evaluation of the Care Improving the quality of life from patients' perspectives is the prime objective of all nursing interventions (Parse, 2006). Reflecting upon the situation, I found that the client was happy about the care plan that was developed for her. The role of authentic presence, using all at once approach, and meeting the client's perception about the quality of life. Ms. Kareem wanted the authentic presence of nurses which is not always possible in the busy schedule. Patient's Autonomy in Decision Making All the nursing interventions are developed for the patients' beneficence and better outcomes. We can expect enhanced outcomes only if nursing plans are laid down in accordance with the national standards of nursing practice (Oberle & Bouchal, 2009). Canadian Nurses Association (2008) has recommended that patients have the autonomy or the freedom of choice in decision making. This should be kept in mind that patients are human beings and must be treated with dignity and respect. Their wishes must also be honored (as cited in Oberle & Bouchal, 2009). Looking back at the situation, the client refused to take the inhaler. However, I honored her with autonomy or freedom of choice helped me build up that nurse-client relationship to further explore In order to develop a care plan and meet the health related needs of patients, it is necessary to have the knowledge of the etiology and pathology of the disease, which also helps nurses communicate the patient's needs which would ultimately help improve the quality of life for the patient. Care Guided by Biomedical Knowledge with patients, families, and other members of healthcare team (Burger, 2009). Asthma is a chronic disease of the airway become constricted and block the air entry to the alveoli where the gaseous exchange takes place. Patients with asthma are usually hypoxic (deficient of oxygen in blood circulation) and develop shortness of breath as a result (Papiris et al., 2009). Ms. Kareem has bas been reported to the facility with asthma exacerbation and an excessive shortness of breath. She was hypoxic and her oxygen saturation (SaO2) was